

Titcomb Mountain

2017-2018 PROGRAMS

Healthy Fun For All!



Below you will find some basic information to help guide you. Our programs are listed inside. Also check our website at www.titcombmountain.com, or call us at 778-9031. Check back page for our adult Alpine, Nordic, and Snowboard lessons!

Titcomb Mountain is owned and operated by the Farmington Ski Club, which is very unique in the snowsports world. For over 70 years, club members have run all aspects of Titcomb

by volunteering their time and energy to help keep the families of the area healthy and enjoying life-long winter sports. A Board of Directors governs Titcomb and there is also a non-profit 501-C-3 Foundation. The manager, mechanical manager and commissary manager are hired by the BOD. Lift attendants are also hired. Most everyone else is volunteering!

- + You are a Farmington Ski Club (FSC) member if you have purchased your Titcomb season pass. Look for the lower price on programs by being a member.
- + **Nordic** is cross-country skiing on the tracked trails through the woods, fields, and around the top of the mountain.
- + **Alpine Ski** is downhill skiing on the groomed, lift serviced trails
- + **Alpine Snowboard** is snowboard riding on the groomed, lift serviced trails
- + Rentals are available daily at the mountain from Northern Lights, or lease for the season from Ski Depot.
- + **Deadline: Check each program for their deadline.** SnowCats and Riders Club have separate applications and deadlines. If it is past your program deadline, check for availability. You may be able to join in!
- + **Some programs have maximum enrollment numbers.** Completed applications will be accepted on a first come, first served basis, then placed on a wait list if necessary.
- + **Scholarships are available; if finances are a challenge for participation, please ask us.**

Please be nice, be on time, and help out as much as you can.

Program volunteers are contributing their time to make Titcomb enjoyable for all.

2017-2018 Programs

Programs are listed by age/grade

Grade K-4 SnowCats Alpine Ski & Snowboard Program

Tuesday/Thursday after-school program staffed and run by University of Maine Farmington's Fitness & Rec Center as well as the Alpine Operations Certificate Program for first time beginner to advanced skiers.

5 week program (10 classes) starting Tuesday, Jan 23 through March 1
(February Break TBD) Tuesday & Thursdays 4:00 – 6:00 PM

FSC member - \$50; Non-member - \$90 **Limited to 110 Participants**

Register at the UMF Fitness Center or Titcomb Lodge. *Reg Deadline: Jan 5th*

Contact person: Scott Hoisington , 778-7151, james.hoisington@maine.edu or
Austin French, austin.french@maine.edu

Grade K-8 Bill Koch Nordic Ski Program

Monday after-school Nordic program run by FSC volunteers for first time beginner to advanced skiers. It is recommended that participants have their own wax or no-wax skis, or leasing for the season is available. Rentals are available on-site. If renting, parents should plan to have equipment picked up and ready before the first meeting.

7 week program starting January 8, 3:45 PM *Reg Deadline: Dec 29*

\$25 for members, \$45 for non-members. No enrollment limit.

Age 6-18 Saturday Alpine Ski and Age 8-18 Snowboard Program

Saturday morning program run by FSC volunteers for first time beginner to advanced skiers and snowboarders. Participants are divided into groups by a combination of age and skill level. An adult class is available at 10:00 or 11:15

8 weeks of one-hour classes at 10:00 am or 11:15, starting on January 6th

FSC members - \$30; Non-members \$125, which includes an all-day lift ticket.

\$15 all-day rentals available—please pre-fit child for equipment one week prior to first class. *Registration deadline: Dec 29; Enrollment limited to 125 students.*

Grade 3-6 Nana Webber Ski and Snowboard Program

Monday (Farmington and New Sharon area) and Tuesdays (Wilton area) After-school program run by FSC volunteers for first time beginner to advanced skiers and snowboarders. A shuttle bus is available on programs days from Mt. Blue Schools. However, equipment is not allowed on the bus. Parents must pick up their children after class. Program includes lift, lesson and rentals if needed.

6 week program starting January 8 or 9: 4:00 - 5:15 PM

FREE, thanks to Richard Marshall remembrance donors and the Onion Family.

Enrollment limited to 65. First come, first served with completed applications.

Scholarships are available for most programs

(Fill out a form in the Lodge office)

Grade 4-8 F.A.S.T. Farmington Area Ski Team (Alpine and Nordic)

Monday through Thursday (and some Saturdays) after-school program staffed by FSC coaches. Offers an introduction and participation in Alpine slalom and giant slalom ski racing and/or Nordic classic and skate ski racing. Group and individual coaching will be provided in a positive and supportive environment. Competition will include races against teams from area communities and schools. The goal of each practice is to make outdoor exercise and skiing fun. We will build upon physical fitness, ski skills knowledge and enjoyment of the sport to prepare each skier for the next level. The emphasis will be the participation in practice and races are a culmination of practice.

November 27 - End of February. Registration deadline is during the first week of practice. 2:30—4:30 PM (start time depends on school release time)

Cost :Farmington Ski Club Membership required. \$75 program fee.

\$110 program fee for those doing both F.A.S.T. Alpine and F.A.S.T.

Contact: Alpine - Monica Clark 778-5648 or 441-8477

Nordic - Lidie Robbins 500-0124 or Sarah Doscinski - 491-1675

Grade 1-5 B.F.A.S.T. Buddy Werner revised and now part of F.A.S.T.!

Saturday afternoon program run by qualified coaches An introduction to alpine ski racing for those wanting to go on to a race team or for those who just want to try skiing on a race course. Skiers must be able to ride the T-bar and ski confidently down the main slope. There will be at least 4 fun races during the 8 sessions.

8 weeks starting January 6th. 1:00 - 2:30 pm Reg Deadline: January 6th

FSC members - \$30; Non-members - \$30 (does not include lift ticket)

Age 4 - 18 Riders Club

LITTLE RIPPERS AGE 4-8 Designed for younger riders who would like to learn to ride terrain park features, as well as, all mountain creative mountain techniques.

Sessions available Monday & Wednesday 4:00—5:30 Jan 8– Feb 28 \$75 per sesh

FREESTYLE AGE 9-13 This fun based free ride ski and snowboard program is great for all young riders looking to develop and progress their freestyle riding skills.

Sessions available Monday & Wednesday 4 - 5:30 PM

Session 1 - Dec 17th - Jan 26th **Session 2** - Jan. 29 - Mar. 9 \$75 per or \$100 both

FREESTYLE AGE 4-8 High school age kids looking to up their riding game in the park, riders will be involved in terrain park design, construction and maintenance.

Sessions available Monday & Wednesday 4 - 5:30 PM

Session 1 - Dec 17th - Jan 26th **Session 2** - Jan. 29 - Mar. 9 \$75 per or \$100 both

Register at Titcomb Lodge Info:

Barry Tripp, btripp@maine.rr.com, 207-450-0132

*Lift Ticket not included

More happenings for all ages

Below are events and Adult classes that are planned for the season. Please let us know if you have other ideas and are willing to help make them happen.

+ Adult Saturday Ski lessons: 10:00 am or 11:15 am intermediate or beginner

+ Adult Wednesday Night Lessons: 5:45—7:45 pm

(Alpine, Nordic Ski, Snowboard) Run by the UMF Certification Program

Lesson: \$5 per session UMF students - FREE

Ticket if non-member: \$10 Alpine, \$5 Nordic (Nordic lighting!)

1/24, 1/31, 2/7, 2/14, 3/1, 3/8 plus a day to Sunday River or Sugarloaf

Private lessons:

We also offer a private ski and snowboard lessons for all ages and abilities.

Reservations are requested at least 48 hours in advance to allow time to schedule an instructor that suites your goals.

Please call 207-778-9031 to make a reservation.

- First Time Lessons
- Advanced Lessons
- Freestyle Ski & Snowboard Lessons

Cost: *Children and adult lessons: \$30 per student.*

Volunteering and how you can help with the programs. With children, it is always great to have an extra set of hands. You don't even need to be on skis! Help with stragglers, check-in, and getting them into their equipment,. Usually the first 15 mins of the class is when help is needed most, so please ask how you can help. Instructors are always needed, and training is provided. You get to improve your skills AND change the life of a child.

Website: www.titcombmountain.com

Facebook: LIKE us and get the latest updates

Email: Send us your email address to get email updates

Contact information: 207-778-9031

Email: info@titcombmountain.com